



## Neuro Orthopaedic Institute

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# Mobilisation of the Nervous System

24-25 Oct 2015

Presented by: Tim Beames MSc. BSc MCSP, UK

This popular lecture and practical course developed by David Butler and the Neuro Orthopaedic Institute provides a comprehensive introduction to the diagnosis and management of the physical dysfunction of the nervous system.

Please book online at [www.aecc.ac.uk/cpd](http://www.aecc.ac.uk/cpd)

	Early Bird	After 11/09/15
Fee	£295	£369

Registration is open to registered medical practitioners, physiotherapists, occupational therapists, osteopaths, chiropractors and podiatrists.

*Early Bird discount for bookings received on or before 11 Sep 2015*



Using cutting edge pain sciences to provide a clinically relevant understanding of the physical health issues of the entire nervous system. This course considers the molecular and homuncular targets of therapy, integrating this knowledge using a clinical reasoning framework and advanced manual assessment and management options. Skilled reasoning is evidence based medicine at its best.

Neurodynamics is a new science. This course offers a fresh understanding and management strategies for common syndromes such as plantar fasciitis, tennis elbow, nerve root disorders, carpal tunnel syndromes and spinal pain. Innovative management tools involve conservative decompression of nerves, various neural mobilising techniques and the new patient education techniques which emerge from neurodynamics and pain sciences.

All NOI courses include patient education as an evidence-based treatment tool, and are supported by quality workbooks, graphics and post course web involvement.

**Lots of practical, lots of interaction, cutting edge neuroscience....and you will have fun learning!**

### COURSE AIMS

- To gain new and updated knowledge of neurodynamics and pathobiology of the nervous system related to manual examination
- To utilize these skills in novel, active, passive and education based management
- To integrate manual handling skills with pain sciences and clinical reasoning practices
- To professionally refresh course participants.
- To gain safe and effective handling skills in the examination and interpretation of physical dysfunction of the nervous system

### COURSE PROGRAMME

Day 1 8.30 – 5.00	Day 2 9.00 – 4.30
Registration 8.30 to 9.00am	
A Neuro Orthopaedic approach	Zings and zaps from nerves
Pain update	Central pain mechanisms
Palpation of nerves (P)	Upper Limb Neurodynamic tests (P)
Neurodynamics Straight Leg Raise and derivatives P	Immune, endocrine, motor, autonomic response systems
Slump Test and derivatives (P)	Analysis of tests
Femoral Nerve Test and derivatives (P)	Precautions and contraindications 'Jazzy' technique session (P)
Issues in the tissues	Management guidelines via patient examples
<i>P = Practical</i>	<i>*Program may be subject to slight changes</i>

### INSTRUCTOR

**Tim Beames MSc. BSc MCSP, UK**



Tim lives in London where he works in private practice and is co-founder of Pain and Performance, an organisation which focuses on the treatment of complex and persistent pain states and the provision of pain education for both the patient and health professional. Tim is also the principal instructor for NOI UK and teaches the Mobilisation of the Nervous System, Neurodynamics and the Neuromatrix, Explain Pain and Graded Motor Imagery courses throughout the UK, Europe and Australia. He is also co-author of the Graded Motor Imagery Handbook along with Lorimer Moseley, David Butler and Tom Giles.

**14 CPD Hours**

**ACCREDITED FOR 14 CPD POINTS BY THE EUROPEAN ACADEMY OF CHIROPRACTIC**



**Registration: Saturday 08:30**

**Saturday 09:00—17:00**

**Sunday 09:00—16:30**

**Lunch and refreshments included**

Course organisers reserve the right to make alterations to fees, arrangements and dates for teaching and learning sessions, including the decision to run all or parts of the course in the light of demand. In the event that the course is cancelled or re-scheduled by the course organiser, a full refund of fees will be given, but the college takes no responsibility for travel or accommodation expenses incurred by the delegate. If for any reason you are unable to attend the seminar please be aware that fees will be refunded, less a £10 administration charge, for all cancellations received at least 30 days before the event. Cancellations received after the 30 day period but 7 days prior to the seminar date will receive a 50% refund less the £10 administration charge. No refunds can be given after this time. **Contractual disclaimer:** The views expressed in written material and by presenters do not necessarily reflect those of the AECC, nor does mention of trade names, organisations or professional practices imply endorsement by the AECC. The AECC acts in good faith with respect to the contents of this course information and advertisement material. The AECC does not accept liability resulting in refunds for the content and delivery of the CPD event itself, which remains at the sole discretion of the course speakers and contributors.