



For more information  
contact us on:

+44 (0)1202 436 237

13 – 15 Parkwood Road,  
Bournemouth, Dorset BH5 2DF

## Introduction to Gonstead Technique

**24 October 2015**

**Presented by: Kent Edlund, DC**

Introduction to Gonstead theory and listing system.  
To include adjusting all regions of the spine.  
This workshop is suitable as a refresher or for  
those wishing to learn the basics in preparation for  
the Gonstead Seminar of Chiropractic in January  
2016 with Dr Cox.

	<b>Early Bird</b>	<b>After 25/09/15</b>
AECC Grad/TAM/EAC/RCC	£125	£157
Non Members	£138	£173
Students	£65	£82



## Seminar Schedule

- 9:30 Introduction to Gonstead Technique and Theory
- 10:30 Listing System full spine
- 11:00 Break
- 11:15 Prone Adjusting, Lumbar and thoracic Spine
- 12:30 Lunch
- 1:30 Side Posture Adjusting
- 3:00 Break
- 3:15 Cervical Chair Adjusting
- 4:15 Conclusion
- 4:30 Finish

**Kent Edlund** was first introduced to Gonstead technique as a patient during his teen years and attended his first Gonstead seminar in 1976. Kent had attended 10 Gonstead seminars (with Dr Gonstead) by the time he graduated from Western States Chiropractic College in 1978. He then taught Gonstead technique at WSCC before beginning private practice in Laramie, Wyoming in 1980. Kent moved to Bournemouth to teach Gonstead in January 1991 and since that time has supervised the Gonstead Study Club and helped co-ordinate and teach many Gonstead workshops at the AECC.

### **6 CPD Hours**

ACCREDITED FOR 6 CPD POINTS BY THE EUROPEAN ACADEMY OF CHIROPRACTIC

Registration: Saturday: 09:15

Saturday: 09:30-16:30

Lunch and refreshments included

