



ACTIVATOR
METHODS®



For more information
contact us on:

cpd@aecc.ac.uk
+44 (0)1202 436 237
www.aecc.ac.uk/cpd

13—15 Parkwood Rd
Bournemouth, Dorset, BH5 2DF

The Activator Method Chiropractic Technique Series Track I-III (Basic to Advanced)

Track I—16-17 Jan'16 / Track II-2-3 Jul'16 / Track III-29-30 Oct'16

Presented by: Craig Scott-Dawkins, DC

Book all 3 seminars together and save 15%

	Early Bird	After 04/12/15
AECC GA/TAM/EAC/RCC	£260	£325
Non Members	£285	£382
Students	£150	£188

**** Please note you must attend Track I & II to attend Track III
Track I can be attended as a stand alone seminar ****



The Activator Method Basic Scan Protocol (Track I)

NOTE: Each Module (1-9) is designed to be 50 minutes in length and consists of lecture, demonstration and hands-on workshop

Course Outline

- History and Current Status of LLA (with Demonstration)
- Module 1: Conducting the Initial Leg Check / Position #1 Procedures
- Module 2: Interpreting Results of Initial Leg Check / Position #2 Procedures
- History and Protocol for the AAI (Activator Adjusting Instruments)
- Module 3: Pressure/Stress Testing; Knees and Feet
- Module 4: Pelvis
- Module 5: Isolation Testing; Short/Long Rule; Symphysis Pubis
- Open Workshop
- Module 6: Leg Checking Review; Lumbar Spine
- Module 7: Thoracic Vertebrae and Ribs
- Module 8: Scapulae / Shoulder Involvement
- Module 9: Cervical Vertebrae and Occiput
- Summary Review and Open Workshop

The Activator Method Intermediate Class (Track II)

The purpose of this course is to teach the Chiropractor the Advanced Protocol of AMCT that includes chiropractic research, theory, analysis and advanced adjusting methodology of the spine and extremities.

This course requires the prerequisite course, Basic AMCT, as concepts, assessment and adjusting strategies will build upon those previously taught. A brief review of the Basic Activator course will be presented, The Activator Method Protocol will be defined, followed by assessment of flexion, extension, and lateral spinal subluxations, and facet involvement. Specific focus will be given to the evaluation and adjustment of additional spinal segmental levels, pelvis and extremities beyond the Basic Scan. This includes chiropractic assessment and adjustment of: ilium, ischium, sacrum, lumbar/thoracic/cervical spine, and ancillary structures. Upper and lower extremity evaluation and adjustment procedures will also be presented and includes: metatarsals, calcaneus, talus, fibula, tibia, patella, femur, humerus, scapula, acromio-clavicular joint, sternoclavicular joint, radius, ulna, carpals, and metacarpal-phalangeal joints. Through lecture, and small group hands-on training during workshop sessions, the attendee will receive actual training in the use of Advanced AMCT to allow them to more fully implement this chiropractic technique into their practice. A review of current published research and neurology relative to AMCT is included.

Track II continued:

Course Outline

- The most recent publications and advancements relative to AMCT treatment and instrumentation will be presented.
- Presentation of The Activator Method Leg Length Analysis, review of the Basic Scan Protocol and definition of the Advanced AMCT Protocol. Implementation of knowledge will include individual hands-on training workshops and small group activities.
- Presentation of additional Positions #3, #4, #5 testing strategies with hands-on training workshop evaluation of flexion, extension and lateral vertebral subluxation and facet subluxation assessments
- Assessment of common injuries and syndromes with hands-on training workshop evaluation of the sacrum, pelvis, hip and related structures including assessment and adjustment of superior or inferior sacrum, lateral sacral base, internal ilium with anterior-inferior sacrum, external ilium with posterior-superior sacrum, bilateral ilia, lateral ischial tuberosities, coccyx, and hip malpositions.
- Advanced evaluation and hands-on training workshop for the lumbar and thoracic spine with considerations of body rotation, flexion-extension malposition, lateral, and facet subluxation patterns and their specific adjustment along with associated costochondral involvements.
- Advanced evaluation and hands-on training workshop and adjusting of the cervical spine with considerations of body rotation, flexion-extension malposition, and lateral subluxation patterns, and occiput malpositions.
- Assessment of common injuries and syndromes with hands-on training workshop evaluation of the hip and related structures including assessment and adjustment of superior, inferior, lateral, internally rotated greater trochanter, and externally rotated greater trochanter malpositions.
- Assessment of common injuries and syndromes of the knee including reduction or alteration of knee range of motion, chondromalacia of the patella, Osgood-Schlatters syndrome, shin-splints, patellar effusion or bursitis of the knee, and referred pain to the ankle or foot. Adjustment strategies and hands-on training workshop evaluation and adjustments for common subluxations of the knee including external and internal rotation of the proximal tibia, anterior and posterior translation of the proximal tibia, inferior and lateral patella, posterior-superior proximal head of the fibula, and posterior-lateral fibula.
- Assessment of common injuries and syndromes with hands-on training workshop evaluation of the foot and ankle including reduction or alteration of ankle range of motion, retrocalcaneal bursitis, plantar fasciitis, plantar soft tissue or toe pain, inversion ankle sprain, Achilles tendonitis, posterior “shin-splints” or calf muscle pain, and biomechanical disorders of the foot and ankle. Adjustment strategies and hands-on training workshop evaluation and adjustments for common subluxations of the foot and ankle including medial calcaneus, superior calcaneus, inferior first metatarsal and medial cuneiform, inferior metatarsal heads, anterior lateral talus, anterior superior tarsal navicular, and posterior distal fibula will be presented.

Track II Continued:

- Assessment of common injuries and syndromes with hands-on training workshop evaluation of the shoulder girdle, glenohumeral joint, acromioclavicular joint, and sternoclavicular joint including reduction or alteration of shoulder range of motion, frozen shoulder syndrome, sprain/strain injuries, rotator cuff weakness or tears, subacromial bursitis, and myofascial pain disorder of the shoulder. Adjustment strategies and evaluation for common subluxations of the shoulder including: anterior-inferior, posterior, internal and external humerus; superior proximal clavicle; anterior, posterior, superior, and lateral distal clavicle; inferior-medial coracoid; and superior scapula.
- Assessment of common injuries and syndromes with hands-on training workshop evaluation of the elbow, wrist, hand, and fingers including restricted and altered ROM, lateral or medial epicondylitis, peripheral entrapment syndrome, and olecranon bursitis. Adjustment strategies and evaluation for common subluxations including: posterior-superior proximal radius and anterior lunate, inferior-medial ulna and posterior carpals and thumb joint involvement.
- Review of advanced evaluations with hands-on training workshop time for all advanced adjustments and evaluation procedures for the spine, pelvis, and extremities. Final review of all tests presented.

The Activator Methods Advanced Class (Track III)

Course details to follow

**** All delegates must complete the Basic seminar (Track I) before attending the Intermediate (Track II). Delegates must also have completed both of the above in order to attend the Advanced (Track III).**

You will be offered to take an Advanced Proficiency test when you have attended the advanced course (Track III). On passing the Advanced Proficiency test, you will receive a certificate from Activator and qualify for an Advanced Rating on the Activator Web site, which also allows patients to locate you on a map search tool. **

12 CPD Hours (per seminar)

**EACH SEMINAR IS ACCREDITED FOR 12 CPD POINTS
BY THE EUROPEAN ACADEMY OF CHIROPRACTIC**



Registration: Saturday 08:45

Saturday 09:00—18:00

Sunday 09:00—13:00

Saturday Lunch and refreshments included